

WHY IS MY PERIOD

LATER

5 Reasons You Should Know (That Aren't Pregnancy)



SWIPE TO KNOW



STRESS:

CAN DISRUPT YOUR CYCLE.



SWIPE TO KNOW



WEIGHT CHANGES:

CAN CAUSE IRREGULARITIES



SWIPE TO KNOW



PCOS:

LEADS TO SMALL CYSTS ON OVARIES.



SWIPE TO KNOW



THYROID ISSUES:

CAN CAUSE LATE OR MISSED PERIODS.







MENOPAUSE:

HORMONAL CHANGES LEAD TO IRREGULAR PERIODS.



SWIPE TO KNOW